

## Roasted Tomato & Basil High Protein Pasta



### **Ingredients:**

1 lb. grape tomatoes

6 garlic cloves

1/4 cup olive oil

Salt to taste

Pepper to taste

Combine above and roast in 375 degrees for 10- 12 minutes until tomatoes start to pop.

1 lb. high protein Barilla Pasta(spaghetti)

1- 6 ounce bag baby spinach

1 cup julienned fresh basil

8 ounces cubed fontina cheese

1/2 cup grated parmesan cheese

Crushed red pepper

2 tablespoons smart balance butter

Cook the pasta according to the package directions. Combine the roasted tomatoes, garlic, spinach, basil, cheeses, butter and crushed red pepper. Serve and enjoy your high protein meatless meal.